# **Protect Yourself From COVID-19**

# Access VA Care From Home

The U.S. Department of Veterans Affairs is committed to providing high-quality care while keeping Veterans safe from COVID-19. Here are some ways to prevent COVID-19 exposure or transmission by accessing VA care from home:



# **Video or Telephone Appointments**

Rather than going to a VA facility, you can receive care at home with a video or phone appointment. To set up a VA Video Connect or phone appointment, send your provider a secure message on My HealtheVet. To learn more about VA Video Connect, visit **mobile.va.gov/app/va-video-connect**.



### **Prescription Refills**

Request prescription refills and order and ship medications to your home using My HealtheVet or the Rx Refill mobile app. Download the app at **mobile.va.gov/app/rx-refill**.



## **Text Message Reminders**

Annie's Coronavirus Precautions protocol sends you automated text messages with information about COVID-19, helps you monitor for symptoms, and can assist you if you need to contact your VA facility for care. Enroll at **mobile.va.gov/annie**.



### **Secure Messaging**

With My Health**e**Vet, VA's online patient portal, you can send online secure messages to your VA health care team to ask them nonurgent health questions. Register at **myhealth.va.gov**.



#### Home Telehealth

For Veterans recommended for home isolation or quarantine, your provider may use remote monitoring devices to assess your condition while you're at home. Learn more about home telehealth at **telehealth.va.gov/type/home**.

If you're **experiencing a fever, a cough, or shortness of breath**, contact your VA facility as soon as possible.

Find contact information for your VA facility at *va.gov/find-locations*.

For the most up-to-date information on COVID-19, please visit:

cdc.gov/coronavirus

va.gov/coronavirus



